

Douglas Alden Knox

March 8, 1939 – May 17, 2023

Most Rev. Doug Knox



My life has been blessed with four vocations: Husband/Dad/Granddad; Naval Officer; Corporate HR Exec; and Old Catholic/Anglican Priest and Bishop. My steadfast companion in all this is my wife, Bev, my Tucson High School and college sweetheart, who, after road-testing me for 7 years, said “I will” 58 years ago.

Hawaii & Vietnam followed: My 3 deployments as member of the “Tonkin Gulf Yacht Club,” and

Bev’s tenure teaching at St. Andrew’s Priory in Honolulu.

After the Navy I began my HR career as Personnel Director at Harvard Medical School, then to Coopers & Lybrand in the same capacity. I left C & L to come back to Arizona and became Vice President of Drake Beam Morin’s Phoenix office, and HR Consultant to ASU.

My spiritual formation deepened: I completed then taught, “Contemplation in a World of Action” the Episcopal diocese’ spiritual formation program. Then, after losing my argument with God (big surprise), I was led to seminary at the tender age of 57. God poured out yet another blessing: Bev was given a full scholarship for the 3 years so we were able to journey together as classmates. After Fr. Thomas Keating’s visit our Senior year, I trained as a Centering Prayer practitioner then teacher & mentor.

I chose to take Orders in the ecumenical Old Catholic Church, a Protestant church in full communion with the worldwide Anglican Communion. The OCC is also recognized by Roman Catholic doctrine in its canon “Dominus Jesus,” instituted by Pope John Paul II in 2000, enabling OCC clergy to serve Roman Catholics as well as all Protestants. After serving an Episcopal church in Nebraska as Rector, I retired from parish ministry and returned to Tucson and formed “Spiritual Sojourns,” our Church Without Walls.

“Spiritual Sojourns” outreach and ministries include bringing sacramental and pastoral care to assisted living centers, nursing homes, hospitals, prisons, and community service organizations; and teaching spiritual deepening classes and leading retreats for the above, as well as to other churches, and any and all seekers from whatever faith tradition, or none at all.